

Halloween Bash at the YMCA

Halloween can be silly-a nutty, spooky scare. But let's not have the holiday spoiled by any REAL scare. Spring Valley YMCA is offering an afternoon for little goblins and their families to enjoy spooky fun in an environment that's both caring and safe. The fun takes place from 3-5pm on October 25 at Spring Valley YMCA, 19 W. Linfield-Trappe Road in Limerick.

The afternoon will be full of activities and games for all ages. After participating in Bones Limbo and the "Mummy Wrap", snack on spooky trail mix or make a craft. Our Teen Leaders Group dares you to visit their "Creepy Room"-not for the faint of heart!

Everyone is encouraged to come in costume and be a part of our costume contest. There will be five divisions, including one for families, so use your creativity to make your own wild and wacky costumes. Costume parade will begin at 4:15pm followed by awards, so don't be late!

No matter what your Halloween plans, the Spring Valley YMCA suggests considering these precautions before heading to the Y or trick-or-treating in the neighborhood:

- Wear light-colored costumes made of material that is flame retardant
- Wear shorter costumes to prevent tripping
- Add reflective tape or striping to costumes for greater visibility
- Use face paint-no hoods or masks



that obscure the face and vision

- Take younger children door-to-door in daylight hours
- Carry a working flashlight
- Trick-or-treat within your neighborhood, only to homes you know
- Remind children: never enter homes and/or accept rides from strangers
- Be alert to auto traffic, crossing safely according to rules
- Have parents or other adults inspect treats
- Check your lawn and steps for tripping hazards

The YMCA is not only a safe place, but it's also a happy and exciting destination for little kids, teens and adults. So come to the Spring Valley YMCA where there's not a ghost of a chance that you'll be disappointed!

For more information about Halloween festivities at the Spring Valley YMCA, call 484.984.2000 or log onto www.fvymca.org.

